

CUMBY TROJAN

ATHLETIC HANDBOOK

The Cumby ISD Athletic Handbook contains a general statement of the administrative regulations governing the overall athletic program. Provisions of this Athletic Handbook may be expanded, modified, or revoked only by action of the Principal, Superintendent, or the Board of Education. If any of the provisions of this Athletic Handbook conflict with federal or state laws and regulations, or Board policy, those provisions are superseded by applicable law or Board policy. The provisions of this Athletic Handbook are sever-able, and the invalidity, illegality, or unenforceability of any provision will not affect the validity, legality, or enforceability of the other provisions.

ATHLETIC DEPARTMENT POLICIES

1. COACHES' RULE

Coaches may establish additional rules and regulations with the approval of the Athletic Director for their respective sports. The rules pertaining to a particular sport must be explained, in writing, by the coach at the start of the season. The coach shall administer penalties for the violation of team rules. Copies of all team rules are on file in the Athletic Office.

2. DISCIPLINE TECHNIQUES

Discipline yourself, so others won't have to!!!
Each situation may require a different type of discipline. Whatever type of discipline is required, the purpose is to help athletes improve themselves, and to become better persons. Failure to accept this on the part of the athlete or parent/guardian may result in dismissal from the team and/or athletic program. The different discipline techniques listed below may be used alone or in combination for Student Code of Conduct and non-Student Code of Conduct violations. The listing is not intended to be a list of progressive sanctions.

- *Oral Correction
- *Counseling by coaches
- *Home-visits by head coach
- *Parent-coach conference with Athletic Director
- *Behavioral contracts
- *Withdrawal of privileges, such as participation
- *Techniques or penalties identified by individual coach of sport
- *Dismissal from team or program

3. HAZING

“Hazing” is against the law and will not be tolerated in the Athletic Department. “Hazing” means any intentional, knowing, or reckless act occurring on or off school property directed against a student, by one person alone, or acting with others, that endangers the mental or physical health or the safety of a student for the purpose of pledging, being initiated into, affiliating with, holding office in, or maintaining membership in any organization whose members are to include other students. Under Education Code 37.152 a person commits an offense if the person commits any of the following:

- (a) Engages in hazing

- (b) Solicits, encourages, directs, and aids, attempts to aid another in engaging in hazing.
- (c) Recklessly permits hazing to occur.
- (d) Has firsthand knowledge of the planning of a specific hazing incident involving a student, or first-hand knowledge that a specific hazing incident has occurred, and knowingly fails to report that knowledge in writing to the Principle, Athletic Director, or designee.

4. ACADEMICS

All students are required to remain academically eligible to participate. Remember No Pass-No Play Repeated academic suspension may result in dismissal from the team.

5. ATTENDANCE

Be in class. Be on time. If you must miss an athletic period or practice, be sure that it can't be avoided. If you must be absent, call and talk to one of the coaches, before athletic period or practice. You will be required to make up the work that you missed. Repeat absences may result in dismissal from the team.

6. RESPECT FOR OTHERS

Coaches should receive "Yes Sir/Ma'am," "No Sir/No Ma'am" responses from players when talking to them. Players in return will be treated with the respect by their coaches. Show respect to the opposing players, coaches, officials, spectators, and support groups. Treat others as you want to be treated.

7. PROMPTNESS

Always be on time. On trips, the bus will not wait. After the final bell rings, you do not have time to waste; go directly to your sport. Tardiness will result in disciplinary action. If you are late, it will be up to the coach for that sport to decide what the punishment is.

8. DISCIPLINARY REMOVAL

If it becomes necessary to consider removing a student from a team or the athletic program, the coach of that team will notify the Athletic Director. The student will have an opportunity to confer with the coach and the Athletic Director. Parents will receive notification and be invited to attend the conference. If the student is in ISS, they are not to attend practice or games.

9. DRESS AND APPEARANCE

The athlete agrees to abide by the spirit, rules, and regulations which pertain to athletes. One of the most important rules is that athletes must maintain a neat appearance at all times. Everyone will wear his/her uniform in the same manner. No one will be different. We will furnish your equipment. Men and women will wear attire requested by the head coach. Grooming and dress must meet Cumby ISD policy.

10. QUITTING

Anyone quitting a sport after a trial period, usually after the first contest (10 practice day grace period they may quit) will not be allowed to participate in another sport until the season of the sport quit is completed or unless the head coaches of both sports agree that the student would be better off in the other sport. The Athletic Director may, at his discretion, make an exception to this rule when an event outside the control of the athlete or his/her family causes the athlete to drop a sport. **Anyone walking off the field or gym floor during practice or game will be considered by the coach to have quit that team.**

11. CONFLICT IN ACTIVITIES

An individual student who attempts to participate in several extracurricular activities will, undoubtedly, be in a position of a conflict of obligations. The Athletic Department recognizes that each student should have the opportunity for a broad range of experiences in the area of extracurricular activities, and to this end, will attempt to schedule events in a manner to minimize conflicts. Students have a responsibility to do everything they can to avoid continuous conflicts. This would include being cautious about participation in too many activities where conflicts are bound to happen. It also means immediately notifying the faculty sponsors and coaches involved when a conflict does arise.

When a conflict arises, the sponsors and coaches will work out a solution so the student does not feel caught in the middle. If a solution cannot be found, the Athletic Director will make the decision based on the following:

1. The relative importance of each event.
2. The importance of each event to the student.
3. The relative contribution the student can make.
4. How long each event has been scheduled.
5. Talk with parents.

Once a decision has been made and the student has followed the decision, he/she will not be penalized in any way by either faculty sponsor or coach. If it becomes obvious that a student cannot fulfill the obligation of a school activity, he/she should withdraw from that activity in a timely fashion so as not to place an unreasonable burden on the team, coach, or sponsor.

12. TRAVEL

When missing classes because of an athletic event, it is the responsibility of the athlete to his/her teacher the day before the missed classes. All work shall be made up at the convenience of the teacher. All athletes making a school sponsored trip shall be required to ride in transportation provided by the school to and from the event. All students will travel home with the team, unless other arrangements have been made. If an athlete is injured in a contest away from home, the above policy may be altered to meet the circumstances.

13. VACATIONS

Vacations by athletic team members during a sport season are discouraged and while family values will always take precedence over program requirements, parents and athletes in conflict between vacations and program requirements may wish to reassess their commitment to being involved in athletics. We urge parents not to plan their vacations during times when there will be conflicts.

In the event of an absence due to a vacation that is unavoidable, an athlete must:

- A. Contact the head coach prior to the vacation.
- B. Practice one day for each practice or contest day missed prior to resuming competition (contest day will count as a practice day).
- C. Be willing to assume the consequences related to their status on the squad as starter, 2nd string, etc. for the time missed.

14. THEFT

Taking things that do not belong to you, especially taking from your teammates will not be tolerated. A player caught will be dismissed from the team. We ask that you do not bring valuables or large sums of money in the dressing room.
LOCK YOUR LOCKERS AT ALL TIME.

15. PRACTICE ATTENDANCE

If you do not attend school you are not allowed to attend after school practice. If a student misses an athletic period, they may not be able to attend practice or a contest; it is the coach's discretion.

16. CRIMINAL ACTIVITY

Any activity that brings disgrace or dishonor to the Cumby Trojan Athletic Program will not be tolerated. Such activity may result in dismissal from the program. The consequences are also a part of each sport's Discipline Covenant.